



# Action Communities for Health, Innovation, & EnVironmental Change

Bringing communities together to prevent chronic diseases & promote healthy lifestyles.

Coaches:

*Ann Marie Wright*

*Deb Nichols*

*Kate O'Stricker*

## **SALAMANCA ACHIEVES**

### **CHART Team Meeting**

November, 20, 2009

11:30 a.m. – 1:00 p.m.

Myers Steakhouse & Inn, Salamanca, NY

**In Attendance:** Ann Marie Wright, Chris Bailey, Connie Cooper, Deb Nichols, Jim Lapey, Kate O'Stricker, Laura Riley, Mary Elizabeth Koch, Mistine Keis, Sheldon Kenyon, Nancy Vreeland, Catherine Eade, Tony Rovito, Sandi Brundage, Sharon Noecker, Sharon Turano, Tina Owens

#### **I. Welcome**

Deb Nichols introduced the new attendees and started round the table introductions.

#### **II. YMCA Updates**

Ann Marie Wright stated the free 5k Turkey Trot will be at St. Bonaventure on Thanksgiving morning at 9:00am and that everyone who comes is asked to bring a non-perishable food item. Also there will be a breakfast with Santa on December 12<sup>th</sup> at the YMCA in Olean.

Ann Marie Wright reports the YMCA will be running a midnight basketball program for boys in 9<sup>th</sup> to 12<sup>th</sup> grade. The free program will start December 4<sup>th</sup> and run to February 26<sup>th</sup>. Education always precludes the actual basketball program. Registration for the night starts at 8:30pm and food will be provided for the boys. Members and Non-members may participate.

#### **III. Complete Streets**

Kate O'Stricker states with the recent meetings and walking assessments that it was learned that the Complete Streets Policy needs to be added to the Comprehensive Plan for the municipality. This is so that when NYS comes in to do the state roads in the municipality, they look at the comprehensive plan and it is hard for them to ignore the complete streets language. Kate had a sample copies of the Comprehensive Plan Amendment available. Chris Bailey said David Paoletta, the City Planner, suggested taking the policy and amendment to the Salamanca Planning Board. Kate reports she is meeting with the Cattaraugus County Planning Board on December 3rd, and is already making plans with the Wellsville and Gowanda Planning Boards. She also reports that the new bridge going into Salamanca on the west end will include a bike lane and a sidewalk.

#### **IV. Pedestrian Signage & Tobacco Updates**

Tina Owens reports that currently she has not had any further conversation about the crosswalks/jaywalking ordinance. Deb inquired as to the status of buying cross walk signage. Tina stated that if they have funding, they can purchase, and will update Deb as where to send the mini-grant check once that is determined. Kate reported that the Cornell Local Roads program sent Mistine Keis a pedestrian education booklet for school age children, and copies will be provided at a future date.

Youth Possession Ordinance continues to be enforced; Tina/Sal PD recently confiscated and disposed of 5 packs of cigarettes.

#### **V. Pennsy Trail & Seasonal Updates**

Sandi Brundage requested sending reminder notices to the Pennsy Trail adoptees. Mistine will follow-up on this. Sandi also stated that when she and Matt Bull recently met with Rodney Tolley, an internationally known consultant with programs such as Walk 21, they discussed the Safe Routes to School grant and a Walking School Bus. Tolley applauded all the work that is being done in Salamanca and explained that the walking school bus takes a lot of volunteerism and dedication. It was reported that 100 side walk blocks have been replaced in each of the five wards of

Salamanca. It was suggested that we thank the Mayor, DPW, and City Council for all their support, dedication and hard work. Also, thank you to Kathy McGoldrick for introducing Rodney to ACHIEVE.

The Walk to Win program in Salamanca, coordinated with Healthy Community Alliance, Jenn Widger and the Chamber was very successful; 25 walkers walked 500 miles. With the good response for year one, it is suggested that this be expanded to more businesses to attract more walkers next year.

#### **VI. New DOH RFAs**

Kate O'Stricker reports the first new grant is due December 14<sup>th</sup> to be submitted from the three southern tier counties and is for School Health Policy work. Two schools in each county for the next five years will be worked with. Focus is creating physical, nutrition, and tobacco policies for students and teachers/staff. The idea of the grant is to go in and do the School Health Index to find out which policies are needed and to evaluate how those policies are working, rather than just having the SHI sitting on a shelf.

The next grant is through Diabetes Prevention and Worksite Wellness which Traci Hopkins will be leading, and is due in February. It was noted how refreshing it is that the state is starting to actually listen to us in allowing several programs to be joined together, allowing agencies to better collaborate on grants.

Deb Nichols reported the grant mini-application that was discussed at the last meeting from CDC stimulus dollars was not approved by NYS DOH for any of the three southern tier counties.

#### **VII. CAP Revisions & Updates**

Deb Nichols reports that the updated CAP (Community Action Plan) has been submitted to our technical advisors (Jen and Monica) and she highlighted a few areas of note. The changes have been italicized. In the tobacco section, Deb would like to see Reality Check work with the school personnel and students on the youth possession piece. For the Medical chart checks, Kate and Patrick O'Connell, our Cessation Coordinator, will be working on this and that it is a good time for the checks to be put in place with providers transitioning to EMRs (Electronic Medical Records). Deb noted she added much in the PENNSY Reclamation section, attaching maps, pictures, and other data from the event. She asked Tina to follow-up with the seasonal police patrols of the trail. Also, the help from Nan and the Garden Club was added to the trail section for all their help with clean-up, bushes and flowers.

Sandi Brundage requests finding a person who can repair bikes locally that can be contacted when a child in the city is in need of a bike, and also getting additional bike racks around the trail. We wish to move forward with the Bike Recycling program identified in our CAP.

Sandi applauded Sheldon Kenyon and CCA (Cattaraugus Community Action) for their hard work this year. Sheldon Kenyon states he does not have the exact numbers for the lunches served but states that for example, in January 2009, it was around 800 meals served at the soup kitchen. Then for the Thanksgiving dinner over 150 people were served at the kitchen. He states that every month this year has had more people served than in the months of 2008. Sandi states for Saturdays, they would like to start hosting a Kids' Café where children and adults can put together nutritional meals, which would then solve our next concern, expanding meal opportunities to weekends.

#### **VIII. Spitfire Communications Plan**

Deb Nichols reports that when the coaches went to the Action Institute in June 2008, Spitfire was the consulting communications group. The Salamanca Team was offered from Spitfire a site visit at no cost. The meeting was held at the Youth Bureau on September 15<sup>th</sup> with Kendra. Deb stated the key contacts will be reviewing the communications plan w/action timeline provided by Spitfire; she needs responses back by December 4<sup>th</sup>. The focus of the plan is gaining public and political support for creation of bike paths in the city.

#### **IX. Other Updates**

It was noted that Mr. Jerry Lockwood (Penny Brown's father) has passed away and that there will be no memorial service at this time. You may send cards to the Lockwood family at 103 Division Street, Salamanca, NY, 14779. Deb shared that she was pleased that with Laura Riley's help, we were able to have Penny's family, including Jerry and Sybil Lockwood, at our PENNSY Reclamation Day event in May.

SalCares: Sharon Turano noted that their organization will be changing its name and there is a contest with the school children until December 18<sup>th</sup>. She shared information on the drug use survey that Sal Schools and all county schools participated in with facilitation by the Council (CAREs), and noted some of the local data is double that at the federal and county level. Tony Rovito of CAREs noted that the survey was done for the whole county and that the data is available through email request

Mary Elizabeth Koch requested that the data from the survey should state it was gathered from *last year's* classes and that this year's 8<sup>th</sup> grade class are wonderful students; would not want the students to be disheartened after seeing this report.

Mary Elizabeth reports the 7<sup>th</sup> grade class will be participating in a 14 week drug use prevention program with the National Guard, *Staying on Track*, to help reduce future substance abuse.

Tony Rovito also noted that Cattaraugus CASA has changed its name to Council on Addiction Recovery Services (CAREs).

Sheldon Kenyon reports the CCA nutrition department continues to work with NYS Corrections Department on gathering seeds from different providers for the inmates to plant seeds and care for the plants; then the food grown is donated back to food pantries. Also, CCA now has a mobile food pantry that delivers to four different senior housing units (Little Valley, Franklinville, Delevan, Randolph). They are looking for sites to place food donation boxes. Currently they are at Community Bank, the Sal PD, Sandi's Church (St. Mary's Episcopal), Parkview and will be at CCE in Ellicottville.

It was noted the Nation and Casino have donated a lot of food to the Soup Kitchen. Mr. Lapey suggested we give them recognition, sending a thank you letter from the CHART team. Sheldon Kenyon is to follow up with Deb on who the note should specifically be addressed to. Mr. Lapey also suggested that Sharon +/-or CAREs staff provide a scaled down ppt presentation of school survey data to CHART at a future meeting.

Sandi Brundage reports tht the Census Bureau will be holding a training at the Salamanca YB and she will be provided with flyers for anyone who is interested.

BIG NEWS! Tina Owens announced she is 7 weeks pregnant.



**X. Next Meeting:  
January 8<sup>th</sup>, 2010 at 11:30 am RSVP info to come  
@ closer date to meeting**

**HAPPY HEALTHY HOLIDAYS TO YOU AND YOURS!**

