

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

(2008-2009-2010) Revised October/November 2009

Tobacco Control	Committee Members	Activities	Timeline	Who is responsible	Designated \$
Local Youth Possession Ordinance	Tina Owens, Mayor Pond + City Council	<p>The proposed law states “no person under the age of eighteen (18) years shall possess, receive, purchase, sell, distribute, use, or consume tobacco products ...”</p> <ul style="list-style-type: none"> • Minors may be permitted to possess tobacco products in the course of their employment, as may be permitted by other applicable law • Minors may possess, receive, or purchase, sell or distribute tobacco products as part of law enforcement actions • Enforcement officers will not fine or jail minors found to be in possession of tobacco products. The officers will have authority to seize the tobacco products and destroy them fourteen days after seizure <p>(see attached Resolution)</p>	<i>Completed passage of ordinance, effective 9/16/08</i>	Tina Owens	NO cost
Education	*Megan Taylor, Tina Owens, Kristin Lasseter (School Resource Officer/SRO)	<p>To supplement this law, CHART is pursuing several educational actions:</p> <ul style="list-style-type: none"> • ACHIEVE funding used to purchase educational brochures for enforcement officers to distribute to persons under eighteen found violating the tobacco possession law. Brochures will address harmful effects of both chewing tobacco + smoking tobacco 	<i>Ordinance effective 9/16/08</i>	<i>*for purposes of the CAP, please note that Ms. Taylor is no longer employed as Tob Educator (12/08) due to lack of continued funding @ County level; all future Tobacco activs</i>	\$200.00 inkind (Tob Ed covered)

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<p>Deb Nichols, Tina Owens</p> <p>Tina Owens + Sal PD</p> <p>Mary Elizabeth, Michelle Hill (school media contact), + SRO Lasseter</p>	<p>use on the user, as well as harmful effects of second-hand smoke on family, friends, etc. (w/age + literacy-appropriate messages)</p> <ul style="list-style-type: none"> • ACHIEVE funds used to purchase positive reinforcement bracelets i.e.with the phrase “I’ve been caught NOT smoking” or “smoking stinks” for local enforcement officers to distribute to minors that are observed not smoking or possessing tobacco products. These bracelets + positive attention from enforcement officers show support from community leaders toward youth in their decision to quit using OR not use tobacco products. • Law enforcement officer to deliver copies of ordinance to local smoke shops • CHART, in collaboration with media department at the school and w/SRO, will develop a media campaign to raise awareness of local law. Campaign will be broadcast on channel 13, a local station available to all families in the area that subscribe to Atlantic Broadband Cable system, as well as televisions within the school. This system covers the town and city of Salamanca and reaches roughly seventy percent (70%) of families with school-aged children. • <i>Reality Check (RC) willing to assist w/getting word out; RC is a youth-focused NYS DOH funded program which targets the tobacco industry’s strategies including promotional events,</i> 	<p>Fall 2008</p> <p>Ongoing reminders</p> <p>Winter 2008/2009; <i>need to reassess 2009-2010</i></p> <p>2009-2010</p>	<p><i>will be coordinated by Tob Coalition members incl Kate + Deb</i></p> <p>Deb</p> <p>Tina</p> <p>Mary Elizabeth + RC Coordinator</p>	<p>\$175.00</p> <p>NO cost</p> <p>NO cost</p> <p>NO cost</p>
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		<p><i>commercial + corporate sponsorship, point of purchase marketing, periodical ads, and smoking in movies.</i></p> <ul style="list-style-type: none"> • Extensive media coverage provided in Sal Press, Olean Times Herald and Jamestown Post Journal 	Fall 2008 + ongoing	Chris/ Sal Press, JPJ + OTH contacts	No cost
Young Lungs at Play (YLAP)	Kate O’Stricker, Megan Taylor, Chris Bailey, Mayor Pond + City Council	<ul style="list-style-type: none"> • CHANGE assessments have shown that the community has minimal smoking ban policies in outdoor community venues and interest in the youth tobacco possession legislation illustrates the readiness of the community to promote the health of our young generation • Megan Taylor investigated which city parks would be best for implementing YLAP • Once appropriate parks were selected, regulations were drafted and submitted to City Council for legislative processing • When passed through City Council, signs were designed, ordered, and placed in the selected areas • Kick-off events/Media raised awareness of these new park non-smoking regulations 	<p>Summer 2008</p> <p>Summer 2008</p> <p>Ordinance passed 10/8/08 (see attached Resolution)</p> <p>Fall 2008</p> <p>Fall 2008 - Spring 2009/ongoing</p>	<p>Chris/ Mayor’s office</p> <p>Kate and Sandi</p> <p>Tob Coalition + CHART</p>	<p>NO Cost</p> <p>YLAP signs posted by DPW @ no cost; pic of DPW posting placed on ACH web site</p> <p>Signs provided to ACHIEVE by Tri County Tob Coalition</p>
Medical Chart Checks	Kate w/Patrick	A committee within CHART is collaborating with Patrick O’Connell, Tobacco Cessation Coordinator, Southern Tier Health Care System, Inc., to develop a protocol for medical providers to check with patients regarding smoking status at onset of each visit. This strategy allows providers to meet with patients who are suffering from symptoms of health	Winter kickoff , 2009-2010	Kate will follow-up; all records are now transitioning to EMRs; may actually be GOOD time for the checks	No cost

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	<p>Mary Elizabeth</p> <p>Deb + Sandi thru CoYoBd</p> <p>Sandi</p>	<p>Elders) to “adopt” trail sections for sustainable maintenance.</p> <p>Consider formal development of COP (Citizens on Patrol) program</p> <p>Salamanca HS PIG (Participation in Govt) class</p> <p>County Youth Court youth to serve Comm hrs on trail</p> <p>Friends of strays/ Doggy Etiquette Program (<i>appropriate dog poop disposal when walking</i>)</p>	<p><i>COP follow-up incomplete; will readdress</i></p> <p>2009-2010</p> <p>2009-2010</p> <p>Spring 2010</p>	<p>Mary Elizabeth</p> <p>Sandi/Deb w/Laurie Peterson/Co YB</p> <p>Sandi w/Kim Zelinski</p>	<p><i>No cost</i></p> <p><i>No cost</i></p> <p><i>No cost</i></p>
Multi-use PENNSY Trail	Tina	<p>CHART working w/Salamanca PD to reinstate walking +/- or bicycle patrols along the trail on a seasonal basis. To assist this endeavor, ACHIEVE funds may be used to purchase bicycles, helmets + saddle bags for patrols. With additional security, there is an anticipated decrease in delinquent activity and an anticipated increase in positive utilization of the trail.</p> <p>Nation Marshalls may also be asked to assist w/security.</p>	<p>May (Mother’s Day) 2009 kickoff event (Pic of Tina in electric car)</p>	Tina	<p>Cost of 2 bikes w/helmets + bags @ \$1,200 total; <i>not yet needed</i></p>
Nature Trail	Lindsay, James Lapey, Mary Elizabeth + school staff	<p>Local ornithologists to give insight into bird species native to the area + frequent the trail. Seeking assistance of Nan Miller, master gardener in Salamanca + local Garden Club to plant shrubs + plants along trail to attract variety of bird life for bird watchers/general public to enjoy. <i>Lindsay spoke @ Garden Club mtg re: ACHIEVE. Nan Miller + Garden Club assisted w/clean up + planting near benches on trail.</i></p>	<p>Winter prep for May 2009 kickoff/ Reclamation Day</p>	Mr. Lapey and Lindsay	<p>Cost for shrubs, plants, flowers, etc. @ \$500</p>

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

(2008-2009-2010) Revised October/November 2009

		Signs developed by school students for this purpose will denote assortment of bird species community can expect to see around vegetation at various points along the trail.	Winter 2009/2010	Mary Elizabeth +/- BOCES students	Materials cost for signage; <i>looking for local lumber company to donate</i>
Fitness Trail	Ann Marie + Y staff Nancy + Karen Mary Elizabeth + school staff +/- SNI Educators Sal Youth Bureau staff w/Sandi	<p>Activate America staff at Olean-Bradford YMCA may be leading CHART in developing a collection of fitness stations to post along the trail. These stations fit with mission of Activate America in that they are small steps to encourage healthy lifestyle changes within the community.</p> <p>School students +/- or Seneca Nation will be asked to assist w/development of signage for trail that is culturally appropriate.</p> <p>Initiate used bike donation and repair program utilizing local Youth Residential Program for repairs (see attached); donated/repared bikes to be given to needy youth @ discretion of Youth Bureau staff</p> <p>Consider bike rack placement at beginning and end of trail for those “biking to walk”</p>	<p>Winter (08/09) prep for May kickoff; <i>not yet started. Will readdress in Winter 2009/10.</i></p> <p>Winter 2008/09; <i>not yet started; will attempt Winter 2009/10</i></p> <p><i>Looking to start in Spring 2010</i></p> <p><i>Spring 2010</i></p>	<p>Ann Marie</p> <p>Mary Elizabeth + Karen/SNI Educators</p> <p>Sandi</p> <p>Sandi</p>	<p>Cost of signage est @ \$2,000 for total of 4 stations</p> <p>NO cost for repairs</p> <p>Cost for 2-3 bike racks <i>unless donated</i></p>

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

(2008-2009-2010) Revised October/November 2009

<p>Salamanca Police Dept Seasonal Walk +/-or Bike Patrol</p>	<p>Tina</p>	<p>CHART is collaborating with Salamanca PD to reinstate walking +/-or bicycle patrol along the trail on a seasonal basis at specified hrs. To assist this endeavor, ACHIEVE funds may be used to purchase bicycles, helmets + saddle bags for the patrol.</p>	<p>Mother's Day Weekend 2009 kickoff; <i>ongoing</i></p>	<p>Tina</p>	<p>See previous costs identified; <i>PD not yet asking for funding</i></p>
<p>Reclamation Activities</p>	<p>All CHART members</p>	<p>Penny Brown's family was approached + did work w/ACHIEVE + community in its "Reclamation of the Pennsy Trail" activities; <i>this effort required much time + respect for the family's wishes; extremely painful</i></p> <p>In addition to rededicating the trail in Penny's memory + to honor her family, there will be the 1st annual Family Run/Walk; events were held on Mother's Day weekend, the 10th anniversary of Penny's murder.</p> <p>City, Seneca Nation + County/state officials were invited w/State Senator Cathy Young (integral in passing Penny's Law), asked to be key note speaker.</p>	<p>Winter/spring 2008/2009</p> <p>Kickoff dedication and Walk/Run held May 9th, 2009 (10th Anniversary date); see article attached</p> <p>May 9th, 2009 10 AM Reclamation Day; Speakers included: (w/Ann Marie as MC) Father Mike Lonto, Undersheriff Tim Whitcomb, SNI Rec leader Tom Monroe, YMCA Bd Chair</p>	<p>Laura</p> <p>CHART all contributed to planning for + coordinating all activities</p> <p>CHART members disseminated posters + worked closely w/media to publicize actives; Save-the-Date cards + posters developed by Mistine (see attached)</p>	<p>Cost for printing posters @ \$200 total (CCE)</p> <p>Costs for CHART Tshirts and participants' visors (pd for by YMCA)</p> <p>Donation of bottled water from local vendor (CCE-Kate)</p>

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

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		<p>Additional benches may eventually be placed along trail; businesses/service orgs will have opportunity to “adopt a bench” w/name plate of “donator” placed on bench.</p>	<p>Norm Moore, YMCA CEO Jake Steger, Comm Coach Kate O’Stricker, HD Coach Deb Nichols, State Senator Cathy Young, State Assemblyman Joe Giglio, County Legislator Kenneth McClune, Bruce Hathaway, NYS DOH, and Roger Bailey, City Councilman, on behalf of Mayor Pond, who proclaimed May 8th-10th as ACHIEVE Days in the city of Salamanca; at conclusion of speakers, formal Ribbon Cutting Ceremony and Walk/Run initiated (see attached)</p> <p>Flowers and card signed by CHART were presented to the Lockwoods, Penny Brown’s parents. (see attached)</p>	<p>DPW, Catt Co HD Emerg Prep Staff, SalCares, AmeriCorps, YB youth + staff + CHART members all donated much time day prior to + day of event, picking up, setting up, facilitating, + tearing down. Staff from Health Dept + Rural Health Network facilitated Nature Scav Hunt for youth w/prizes during event; YMCA staff provided + manned Bounce House; SalCares provided DJ w/ free food + beverages; Sheriff’s Dept provided Child IDs w/finger printing; DPW staff, <i>without being asked</i>, made, donated + put up several bird houses on the trail. (see pics)</p>	<p align="center">NO COST</p>
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Safe Streets	Committee Members	Activities	Timeline	Who is responsible	Designated \$
Walkability Assessment		<p>CHART hosted a walkability assessment led by Justin Booth, trained walkability expert from Wellness Institute, Buffalo, NY, and Joshua Poppel, city planner from Albany.</p> <ul style="list-style-type: none"> • Key leaders + representatives from the community were invited to join CHART on this walk. From this exercise + subsequent discussion, CHART continues to define goals for achieving a navigable community for walkers, bikers, and motorists. • ACHIEVE funding paid for travel expenses and stipend for guest speakers + for follow-up assmt report provided • Follow-up Assessment report sent to Kate; copies made for CHART members; also shared w/Mayor, city planner and DPW 	<p>Assmt completed 8/28/08; coincided w/site visit (<i>see attached</i>)</p> <p>September 2008</p>	<p>Kate</p> <p>Kate</p>	<p>Cost of refreshments + lunch @ \$200</p> <p>\$1,500 stipend + travel</p>
Bicycle Racks	Sandi + Ray Wilson (DPW)	<p>Sandi contacted DPW regarding installment of additional bicycle racks throughout community to promote bicycling as regular mode of transportation. DPW installed a rack (recovered from storage) in front of Municipal Building in July 2008 due to these conversations. CHART is exploring additional funding + locations for bicycle racks within community that would promote bike transportation.</p>	<p>Ongoing</p> <p>2009/2010 – market this as a potential sponsorship</p>	Sandi	<p>Cost of 4 additional bike racks @ \$2,000 total; <i>no request for funding at this time</i></p>

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

(2008-2009-2010) Revised October/November 2009

		<i>"Adopters" may also choose to purchase racks</i>		CHART	
Crosswalks and Signs	Sandi + DPW staff	<p>CHART plans to assist city in plans to paint new crosswalks on city roads. Discussion underway as to what support city needs in this process. Crosswalks will be finished in a painted culturally sensitive pattern to make the area more conducive to pedestrian traffic.</p> <p>ACHIEVE funding to be used to purchase standing crosswalk signs to be placed in busy crosswalks. Signs will increase motorists' awareness of pedestrian traffic, increasing awareness of the shared roadway.</p> <p><i>Mayor's office, Sal PD, DPW, School system tackling issues of crossing guard + light at one elem school</i></p>	<p>ongoing</p> <p><i>Spring 2009 painting completed</i></p> <p><i>Potential signs have been reviewed + discussed at CHART mtgs 2009; Tina + Sandi checked Village of Eville signage for ideas; city + ACH hope to share costs</i></p> <p><i>Fall 2009/ongoing</i></p>	<p>Sandi</p> <p><i>Tina + Sandi</i></p> <p><i>Chris, Tina, Sandi</i></p> <p>Mary Elizabeth + Lindsay; <i>CHART members acted as judges</i></p> <p><i>Tina</i></p> <p><i>Sandi, Kate, Tina, Ann Marie + Deb</i></p>	<p>Cost of additional paint; <i>not yet requested</i></p> <p>Cost of 6 crosswalk signs @ \$200 each = \$1,200; <i>not yet requested</i></p> <p><i>No ACH cost</i></p> <p>Cost of prizes for contest (see Mktg section)</p> <p><i>No cost</i></p> <p><i>No cost; Spitfire consultants offered services to all ACH teams</i></p>
Crosswalk Ordinances	Mary Elizabeth + school staff	<p>Signage will be developed w/a theme or logo sensitive to city's culture; tie in w/school logo contest for ACHIEVE (see Marketing ACHIEVE activs)</p>	<p>Logo contest @ school Winter 2008/09 – completed; <i>no signage yet developed</i></p>		
	Tina	<p><i>Tina is working w/Chief to potentially create/update crosswalk ordinances; she would then suggest an education piece for the community</i></p>	<p>2009-2010</p>		
Communications Planning w/Spitfire	Sandi, Kate, Tina, Ann Marie + Deb	<p><i>Met w/ Kendra Beach from Spitfire on 9/15 @ Sal YB for 1/2 day planning session; developed Communications Plan (see attached). Focus for this plan is moving forward w/bike paths + other Complete Streets issues</i></p>	<p><i>CHART reviewed draft + revised time line; 2009-2010</i></p>		

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(2008-2009-2010) Revised October/November 2009

		<p>for children are intended to develop a basic understanding of the importance of healthy food choices. Sessions also involve samples of healthy foods to expand their horizons + encourage positive attitudes towards fruits + vegetables.</p> <p>Farmer's Market, Seneca Nation Veggie Bucks program + Local Produce Vendors offer opportunities for education on-site by Coop Ext Nutrition Educators as to proper usage/prep of fresh produce</p>	<p>Summer/Fall 2009; <i>to continue Summer/Fall 2010</i></p>	<p>Kate</p>	<p>HCA have staff, models + materials that are shared for presentation purposes (No cost)</p> <p>No cost</p>
<p>Summer Lunch Program</p>	<p>Sandi, CCA staff, Nancy</p>	<p>City YB Summer Playground program, the summer school program, and YMCA Summer Kids Camp:</p> <ul style="list-style-type: none"> • Working to incorporate more fresh fruit into programs, as opposed to canned fruits as only option • To overcome cost barrier, looking to join with a variety of local suppliers to get reduced prices on produce delivered • To make this effort child-friendly, started w/one fresh fruit/day a week, such as Mango Monday or Fun Fruit Friday • CHART will sponsor one Family Day in the Park program to include activity + lunch 	<p>Winter/Spring prep for summer 2009 (6 wk program); <i>completed w/2 fruit days/wk in 2008 + to be continued for summer 2010</i></p> <p>Summer 2009; <i>Family Days in Park sponsorship completed 8/4/09 (see attached); HCA facilitated Scav Hunt w/prizes; lunch donated by St. Mary's; YMCA provided 2 bounce houses w/staffing</i></p>	<p>Nancy + Sandi</p> <p>Sandi, Ann Marie + several CHART members</p>	<p>Mini-grants may be awarded based on estimated costs for fresh produce; donations from local vendors expected also (<i>have 2 local Farmers Mkts</i>)</p> <p>No cost; all donations</p>
<p>Youth/Community Soup Kitchen</p>	<p>Sandi + CCA</p>	<p>CHART wishes to extend service hours of existing soup kitchen from four to five nights/ week. Some children eat breakfast + lunch at school, then dinner at the soup kitchen.</p>	<p>Ongoing conversations w/CCA + volunteers in hopes that at any time a full 5 days of dinners can</p>	<p>Sandi + Amy</p>	<p>IF any costs need to be covered, mini-grant may be</p>

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<p>Falling Leaves Festival</p>	<p>Ann Marie + Y Staff</p>	<p>The 2008 theme for this annual festival - Celebration of Cattaraugus County's Bicentennial Year. CHART had a presence at the festival, highlighting ACHIEVE Initiative + promoting another 200 years of health + wellness within Salamanca; shared Activate America (YMCA) materials</p> <p><i>2009 Festival featured a Fall Family Walk/Run event coordinated by Y staff</i></p>	<p>9/2008 completed</p> <p>9/2009; completed (<i>see attached</i>) as co-sponsorship w/Chamber; request for ACH to participate in 2010 parade; considering an ACH "walking float" to promote wellness, w/CHART members dressing as fruits + veggies in 2010 parade</p>	<p>Ann Marie</p> <p>Ann Marie, Norm, Nancy, Sandi, Matt</p>	<p>No cost</p> <p>Costs to be covered by mini-grant; no costs; registrations + donations covered</p>
<p>Logo Design Contest</p>	<p>Mary Elizabeth + Lindsay</p>	<p>Youth contribution is a crucial aspect of CHART + its plan of action. After publicity of the Initiative within the community, CHART held logo design contest open to all youth of Salamanca. After students submitted their designs, CHART members chose a winning design.</p> <p>It is our goal to then have talented Carson Waterman, a nationally acclaimed Native artist from Salamanca, touch up the final design for the Salamanca ACHIEVE logo. (<i>not yet completed</i>)</p> <p>Marketing student from local university (St. Bona) may be utilized to assist; <i>not yet needed</i></p>	<p>Winter 2008/09; school level winners + grand prize winner chosen after CHART mtg (<i>see attached</i>)</p> <p>Design completed by May 2009 activities; ACHIEVE logo now seen on lthd, agendas, mtg minutes, etc.</p>	<p>Mary Elizabeth + Lindsay</p>	<p><i>Contest prizes: WII @ \$300 for grand prize + 4 \$25 WalMart gift certifs for school level winners (one/school)</i></p> <p>No cost</p>

SALAMANCA ACHIEVES COMMUNITY ACTION PLAN (CAP)

(2008-2009-2010) Revised October/November 2009

<p>Web Site</p>	<p>Mistine</p>	<p>In addition to national ACH site (www.achievecommunities.org), Sal ACH is now linked thru So Tier Wellness Partnership (www.southerntierwellnesspartnership.org)</p>	<p>Effective 9/2009 + ongoing; meeting minutes, pics to be posted + updated on STWP site</p>	<p>Mistine</p>	<p>No cost</p>
<p>Healthy Community Capacity Bldg Initiative</p>	<p>Traci, Sharon, Kate, Deb</p>	<p>NYS DOH Obesity Prev Bureau offered NC-RFA to each NYS county for up to \$34,000 to develop Healthy Comm PSE changes; utilizing the Sal ACH model, CHART members wrote proposal for Village of Gowanda; due to devastation of flooding on 8/10/09, proposal was titled "Gowanda: Getting Back on its Feet"; Gowanda Team (modeled after Sal CHART) already in place due to Complete Streets work thru NYS DOH Healthy Heart funding; focus for this Healthy Comm proposal is to re-energize + encourage residents to stay healthy by being active + having healthier food choices; Farmer's Mkt to be re-established, playground equipment to be replaced, Comm Gardens projects to be initiated</p>	<p>August 2009; funding to be available in October 2009, to be expended by 3/31/10; HCA will be lead agency</p>	<p>Traci, Sharon, Kate, Deb (Kate thru CCE is assisting + facilitating same project for neighboring Allegany County)</p>	<p>No cost to Sal ACH; NYS DOH approved this proposal + will contract up to \$34,000 to HCA</p>
<p>Re-Election of Mayor + City Council Members</p>	<p>CHART</p>	<p>Because the Mayor + City Council have strongly supported ACHIEVE thru 2008 + 2009, CHART members actively supported their re-election thru primary + general election; Mike Smith used ACHIEVE as part of his re-election platform! (Mike is our 1st Native American elected to City Council + is critical to getting our messages thru to Tribal Council)</p>	<p>Summer/Fall 2009; Mayor + 4 of 5 existing Council members were re-elected</p>	<p>CHART members living in Sal; Sandi + Matt delivered flyers door-to-door</p>	<p>No cost</p>
<p>NYS DOH CRC (colorectal CA screening)</p>	<p>Deb</p>	<p>Deb approached by NYS DOH CSP (Cancer Screening Program) Director to assist thru ACHIEVE w/outreach + services thru additional CDC CRC funding to NYS that has</p>	<p>Summer 2009 + ongoing</p>	<p>Deb + SNI Educators</p>	<p>No cost</p>

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<p><i>RFA's for Mini-grants</i></p>	<p>CHART</p>	<p><i>special focus on rural Native American population</i></p> <p><i>With large % of existing resources available thru Health Dept ACH funding, template for mini-grant RFA to be developed + offered to community groups that will focus on policy, systems +/- or environmental (PSE) sustainable changes in the community; awardees of mini-grants will then present their project at a future CHART mtg.</i></p>	<p><i>Winter 2009 ongoing until such time funding is exhausted</i></p>	<p><i>Kate + Deb + CHART</i></p>	<p><i>RFA's to range from \$100 up, based on parameters established in RFA template</i></p>
<p><i>Prevention Institute</i></p>	<p>Deb</p>	<p><i>Phone interviews set up per Bruce Hathaway (NYS DOH) w/Prev Inst staff re: PSEs success stories; these examples will be utilized as part of NYS Prevention Inst training offered at 4 sites including Buffalo (our CHART members attending 12/1/09); this training is a mini-version of ACH Action Institute so that others can better understand Healthy Communities. (see attached Agenda) Successful ordinances + pics were electronically submitted for use by Prev Inst.</i></p>	<p><i>October-November 2009</i></p>	<p><i>Deb</i></p>	<p><i>No cost</i></p>
<p><i>National Spotlight 2008</i></p>		<p><u>Invitations for Sal ACHIEVE to present:</u></p> <ul style="list-style-type: none"> ✓ 2/23-2/25 - 20th Ann CDC Conf, Wash, DC ✓ 6/10-6/12 Pioneering Healthy Communities, Atlanta, GA ✓ 7/14-7/16 ACH Action Institute, Alexandria, VA ✓ 7/21-7/23 ACH Action Institute, Denver, CO <p><i>Scholarship Guest: 6/17-6/19, Social Mkt Conf, Tampa, FL</i></p>	<p><i>Three</i> 2008 ACH teams asked to be part of panel presentation; model then presented at Capitol Hill as + utilization of stimulus \$s</p> <p><i>Morning message + Sal ACH ppt shared by Deb</i></p> <p><i>Panel + breakout sessions at both Action Institutes to 2009 ACH awardees</i></p>	<p><i>Deb represented Sal</i></p> <p><i>Kate, Ann Marie, Sandi + Deb</i></p> <p><i>Deb @ both</i></p> <p><i>Deb</i></p>	<p><i>All costs covered</i></p> <p><i>All costs covered thru stipend to YMCA</i></p> <p><i>All costs covered</i></p> <p><i>All costs covered by scholarship</i></p>

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Physical Activity Programs	Committee Members	Activities	Timeline	Who is responsible	Designated \$
	Ann Marie + staff Y and School staff	<p>YMCA /Activate America staff to develop additional physical activity programs to encourage healthy lifestyles:</p> <ul style="list-style-type: none"> • Adult programs to include workplace walking routes, measured walking paths at sports fields, Activate America programs + designated Fitness Stations along Pennsy Trail • Increase hrs of walking program @ school • Student programs include organized physical activities that run concurrently with varsity and midget football games, soccer matches and Walk-to-School events for the 2009-2010 school year. • Salamanca School is home to YMCA sponsored wellness center. CHART is extending facility hours to provide greater opportunities for community to utilize facilities. Additional hrs are especially important during winter months when outdoor activity is limited due to inclement WNY weather. 	<p>Ongoing yr round; <i>need to readdress + reassess what is feasible 2009/2010</i></p> <p><i>Effective Fall 2008 (Wellness Center - increased hrs open)</i></p>	Ann Marie, Nancy + other YMCA staff	<p>Cost to be determined after reassessment</p> <p>No cost to ACH</p>

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	<p><i>Jen Widger + Traci Hopkins working w/Chamber</i></p>	<ul style="list-style-type: none"> • <i>Worked w/Downtown Merchants/Chamber of Commerce to encourage walking 1.5 mile loop + getting card stamped at participating merchants; after 5 stamps = entered for prize; prizes drawn weekly in Sept 2009.</i> 	<p><i>12 businesses participated in Sept 2009; 25 walkers logged over 500 miles; HCA/Traci provided incentives for walkers; will review + offer again in 2010</i></p>	<p><i>Jen + Traci</i></p>	<p><i>No cost to ACH</i></p>
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